

2. Provide an update on your measurement strategy including any barriers or challenges to its implementation (150 word limit)

Our database is updated frequently and use to track clients and the services we provide for them. We are able to pull up various reports based on time-frames, by client service or name. We also track clients through case management logs and sign-in sheets for classes and workshops. Many of our domestic violence clients participate in our other programs and events.

We post on our social media sites articles and information that promote effective communication, the traits of healthy families and the effects domestic violence has on families. We are able to track the views of each article to see how many people are reached through this platform.

Additionally, our surveys offer a measurement of how behaviors and attitudes have changed, as well as, give us insight to the needs of our clients. On one survey a client shared, "We need more resources, more help, more support." Another client stated, " Now, I learned how to make a better choice by communication."

The barriers and challenges we face while implementing our program are reported in detail in Question 5.

3. List the expected outcomes as stated in your application

Outcome 1: Provide services for 25 Afghan Women and their families After participating in the counseling activities, 8 week support group, and 1-hour educational workshops, 75% of participants will indicate on a post-services survey that because of their participation in the project:

1. They are better able to listen to others, 2. They are better able to express themselves, 3. Their understanding of self-respect and respect of others has increased.

Outcome 2: 75% of the participants will indicate on their survey responses that participating in the project activities has helped reduce and/or prevent violent behavior in their families due to learning how to de-escalate confrontational situations, making better choices while in conflict and better able to ask for support when not being treated with respect.

Outcome 3:

500 people will be reached through social media and our website, informing them about positive parenting styles and cultivating respect for all family members.

4. Please provide a brief update (3-4 sentences) on outcomes of the grant to date including who has been reached, how many you have reached and the impact the grant has had on those people.

Please be clear about the date on which the results are being provided *i.e. as of mm/dd/yy, this grant. . .* (150 word limit)

As of 12/31/2018, we have reached a total of 27 families and 10 have completed one 8 week Domestic Violence workshop . The October workshop, Tea and Storytelling, consisted of completing our Strong Together curriculum and writing out a safety plan, art therapy, a guest speaker, a field trip to SAVE, (a local domestic violence resource), and a graduation celebration. 7 out of the 10 clients who completed the survey have reported increased awareness about abuse, how to better resolve conflict and having a better understanding of where to go for available resources.

We have posted on social media a total of 9 articles, events and information regarding domestic violence, healthy family traits and effective communication within families. A total of 2,122 people have viewed our articles.

We have learned to look at how our work changes lives. We find this in unexpected moments, and it usually comes in the form of a story about one person our a group. One such story is of a very young women who found herself homeless after a domestic abuse incident. We were able to secure her a place in a shelter assisted her with employment and helped her apply for food stamps and medical. She said, " When I walked through these doors I felt lots of hope and my eyes were brighter."

5. Do you anticipate any barriers or challenges that will prevent meeting your stated outcomes?
(200 word limit)

We anticipated meeting our stated outcomes; however in working to achieve those outcomes we are still faced with significant challenges.

The barriers and challenges that we continue to face is breaking down the taboo nature of domestic violence in the Afghan community, especially when working with the men. It is a subject that is not openly discussed within families and especially with others in the community.. Because of this this we have experienced resistance from the community to participate in education and support groups focusing on domestic abuse. Often a client does not have permission from her husband to attend our workshops and/or classes and are reluctant to come. To better meet the needs of our clients, we have arranged to have our eight week domestic violence class during a time that offers the most privacy for the participants. This change has been well received by those participating in the class.. Another challenge we face, is that materials given to local Afghan businesses promoting our Domestic Violence programs are often taken down within a matter of days. To help combat this we are providing more information on social media platforms and our website. Additionally, we have the challenge of working with women at different education levels and therefore, often need to provide individual training.

Additional challenges are lack of transportation to our office, lack of housing should a client decide to leave her abuser, and outreach to the newly arrived families to our area.

6. Are you on target to meet your outcomes?

Are you on target to meet the outcomes as stated in your initial application? If not please explain why (200 word limit)

We are on target to meet our outcomes. We have exceeded the goal of reaching 25 women at the mid-way point and anticipate staying at this pace due to the need in our community. Additionally, two more domestic violence 8 week support group/workshops will be conducted by the end of the grant period. As part of further outreach, we are hosting a Consortium Meeting on January 17, 2019, to health providers called Serving Afghan Female Clients With Dignity. Topics include a PTSD checklist and pointers on helping traumatized clients. Additionally a safety workshop is scheduled for January 22. Support is also given to the women and families through other programs such as ESL classes, access to an immigration lawyer, social services and micro-enterprise projects so that they may continue their journey to independence and self-sufficiency.

